

Joseph Fitzgerald
Food Service Director

ARAMARK Education

September 14, 2010

Dear Elementary/Intermediate School Parents,

Friendswood ISD Food Services is pleased to introduce an exciting, new menu at your school.

As you know, we're committed to serving nutritious meals. This commitment is at the heart of how we deliver on our promise to ***help students flourish***. We encourage students to embrace good eating and healthy lifestyle habits at an early age, and a school's food and nutrition program plays a big role in this effort. We're excited about the opportunity to launch these new menus at your school!

Some of the features of the new menu are as follows:

- A different vegetable is offered every day of the week, with a dark green or orange vegetable being offered 3 or more days per week
- A different fresh fruit every day in the week
- Legumes (beans) are offered at least one time per week
- At least one whole grain food offered each day
- Only low-fat and skim milk offered

I personally invite you to visit the Café at Westwood, Cline, Bales and Windsong to see first-hand these exciting changes. Please call me at 281-996-2596 with questions or comments.

Thank you!

Joseph Fitzgerald
Food Service Director