

Do a Ditty and Sing a Song

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Westwood Elementary – Friendswood, Texas

A Texas State School of Character & A National School of Character

www.fisdk12.net/ww/ww.html

The Character Rap (Use pat, pat, clap rhythm)

Trustworthiness, respect, responsibility
Won't you try the character rap with me?
Fairness, caring, citizenship, too.
Do you listen to your conscience when it tells you what to do?

Do you weigh things out? Are you judging fair?
Are you thinking with your heart and showing kindness everywhere?
Do you go to vote? On committees do you serve?
Do you volunteer to do your part? Recycle to conserve?

Can you be trusted? Do you have integrity?
If I give you respect, will you give it back to me?
Do you pursue excellence in everything you do?
'Cause Character Counts! and it starts with you!

Trustworthiness, respect, and responsibility –
your Character Counts! that's plain to see!
Fairness, caring, citizenship, too.
Know it, love it, do it – now it's up to you!

Character Rules!

At Westwood School (clap clap clap clap) our character rules! (clap clap clap clap)
We finish all our work each day. Then we put our things away. The third one let me hear you say –
We are respectful. Yeah, we are respectful!

The Colonel's Character Call

(The Colonel Bogey March music)

Character, it makes a kid feel good; character, it's doing what you should.
Character, just be trustworthy, respectful, caring, responsible and fair!
Character, in every neighborhood, character, if every citizen would;
Character, help one another, it'd make our big world a better place to be!

Chugga Chugga Chugga Chugga Clap-Clap-Roll Chant

Chugga chugga, chugga chugga, clap-clap-roll. Chugga chugga, chugga chugga, clap-clap-roll.
Well don't you know that your character counts! Making choices is what life's all about.
Just be trustworthy, give respect, and always take responsibility (ee, ee, ee)!
Play fair, be caring, show good citizenship; Be the change that the world wants to see!
Chugga chugga, chugga chugga, clap-clap-roll ; Chugga chugga, chugga chugga, clap-clap-roll.

HOPPY about RESPECT – use Bunny Hop music and moves

R-E-S-P-E-C-T: When I give respect, it comes back to me! (Then have your kids write another line!)

Making Decisions Is A Snap!

When you've got a decision that you need to make, better stop (put hand out), look (put "binoculars" on),
think (tap your brain), then decide (pound fist on opened hand like a judge's gavel)!

Talk, Walk, then Tell (use Chicken Dance music and moves)

Chorus (4X): If a bully bothers you and you don't know what to do, out at recess or in school –

Talk, Walk, then Tell (clap four times while you say this line).

Verse: I'll be a buddy not a bully, I'll be a friend and take a stand.
I can swarm or go get a grown up, so we can all lend a helping hand!

Golden Rule Ditty

(Use hand-jive motions)

R-E-S-P-E-C-T

You've got to give it, to get it
Yeah, that's the key!

We live by the golden rule, you see
At Westwood Elementary!

Gotta Be Fair

(Use hand-jive motions)

Gotta be fair, you gotta be fair.

Gotta take turns, and you gotta share. if it is to be it is up to me!
You gotta be fair, just gotta be fair. TeRRiFiCC choices come naturally

Gotta play by the rules
all the time and everywhere!

T-R-R-F-C-C

(Use hand-jive motions)

T-R-R-F-C-C

TeRRiFiCC choices come naturally
when I take responsibility!

Kids With Character

(Use Addams Family tune)

Character Counts! (snap snap)

Character Counts! (snap snap)

Character Counts!

Character Counts!

Character Counts! (snap snap)

We've got Citizenship and Caring

Trustworthiness and Fairness,

Respect, Responsibility -

We're kids with character!

When I Get Mad

(Use Addams Family tune)

When I get mad (snap snap)

When I get mad (snap snap)

Here's what I do

to get me through

when I get mad! (snap snap)

I practice my square breathing

I slowly count from 1 to 10.

I talk it out or exercise

'til I am glad again!

My Feelings

(Use Old McDonald Had A Farm tune)

My feelings are unique to me -
that's just the way I feel.

They change from day to day

you see, they're mine,

and that's the deal;

sometimes I'm happy, sometimes sad.

Sometimes scare, and sometimes mad!

My feelings are just right for me

'cause that's the way I feel!

Fill A Bucket

(Use Are you sleeping? tune)

Fill a bucket, fill a bucket

It's easy to do. It's easy to do.

I can fill a bucket, I can fill a bucket

So can you. So can you!

Fill a bucket (repeat)

Smile and say "Hi!" (repeat)

You can fill a bucket (repeat) -

Give it a try! (repeat)

Fill a bucket (repeat)

Help someone in need. (repeat)

We can all fill buckets (repeat)

When we do good deeds. (repeat)

RES-PON-SIBLE

(Use MIC-KEY-MOUSE tune)

When I do things to the best
of my ability, I'm

RES-PON-SIBLE!

I think before I act and show

accountability, that's

RES-PON-SIBLE.

Persevere (clap clap clap)

Never quit! (clap clap clap)

Reach up for responsibility (2, 3, 4)

Do what I'm supposed to do,

stay in control of me!

RES-PON-SIBLE.

Pay It Forward

(Use Bunny Hop music and moves)

Help someone in need and

it'll come back indeed, just

give some, get some -

Pay It Forward!

R-E-S-P-E-C-T

(use hand-jive motions)

R-E-S-P-E-C-T

makes Westwood a great place to be.

We speak and act respectfully

We're Kids With Character!

What's Responsibility?

(Are you sleeping? tune or echo poem)

What's responsibility?

Stayin' in control of me.

Doin' my chores faithfully.

Makin' choices carefully.

Thinkin' about the stakeholders.

Thinkin' about the consequences.

You can count on me -

responsibility!

RESPECT Ditty

R-E-S-P-E-C-T

Knowing it is showing it;

Giving it is living it!

Trustworthiness Ditty

(Repeat using different voices)

If you mess up, you gotta fess up!

The Anger Buster Rap (Use hand-jive motions)

When anger chooses me, here's an important fact: I always get to choose exactly how I'll react.

I don't need to fight or shout, pout and cry; I have some healthy strategies for management to try.

I can write or draw or count to ten, I can talk it out or go outside to play.

I can take deep breaths or exercise, until my anger finally goes away.

So when anger chooses you, and it could, that's a fact; why not try my healthy ways to help when you react!