

Signs of Developmental Readiness:
Is your child ready for school?

Kindergarten Readiness

Developmental Checklist: This is a simplified list of developmental factors to look at and consider for school readiness. No single factor should be the basis for making a decision. Rather, consider all the factors, talk with a kindergarten teacher or other professional, and then make your decision.

Children who are ready for full-day kindergarten:

- *are comfortable being away from parents/separate easily from parent or guardian.
- *are able to take care of their toileting needs independently.
- *feed themselves independently.
- *have the ability to express ideas and feelings to adults other than parents.
- *approach new activities without fears.
- *accept minor disappointments or limits without tears.
- *listen to and follow directions.
- *find ways to resolve conflicts with peers independently.
- *are able to work independently without constant adult supervision.
- *can make simple decisions given a few choices of play activities.
- *take care of personal belongings responsibly.
- *speak in complete sentences (6 to 8 words).
- *are aware of any food allergies they have.

Below are some great skills to work on with your child in preparation for kindergarten:

- *Recognize and write full name
- *Recite full name, age, and home address
- *Learn basic shapes and colors
- *Recognize basic environmental print (like STOP on a stop sign)
- *Compare objects and sort by size.
- *Complete a simple 24-piece puzzle
- *Learn basic safety rules (don't get into car with a stranger, what to do if they're lost)
- *Count to 10 or higher
- *Show an interest in learning, writing, and recognizing letters of the alphabet
- *Draw simple but recognizable drawings
- *Hold pencils, crayons, and scissors correctly.
- *Name most parts of the body.